

“The Glorious Resurrection of Jesus Christ”...

FROM THE GOSPEL ACCORDING TO - JOHN - :

“On the evening of that first day of the week,...Jesus came and stood in their midst and said to them, ‘Peace be with you.’ When he had said this, he showed them his hands and side. The disciples rejoiced when they saw the Lord.” (John 20:19-20)¹

MEDITATION ON THE MYSTERY:

If we want eternal life, we must do the will of God traced out for us in the books of the Holy Gospel! Let us do so, and we will live happily for all eternity; indeed, we will never see death, since it is written, *“whoever keeps my word will never see death”* (John 8:51).¹ (cf. SLC, p. 402C)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to not being afraid of physical death, Pope Francis says, *“Jesus is Lord, and before him physical death is like a dream: there is no reason to despair. Another death is the one to fear: that of the heart hardened by evil! Yes, we should be afraid of [having] ...a mummified heart.”*

(FRANCIS, Angelus, 1 July 2018)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...