



## ***“The Glorious Resurrection of Jesus Christ”...***

### **FROM THE GOSPEL ACCORDING TO - LUKE -:**

*“But at daybreak on the first day of the week [the women]...went to the tomb...but when they entered, they did not find the body of the Lord Jesus...[And] behold, two men in dazzling garments appeared to them... They said to them, ‘Why do you seek the living one among the dead? He is not here, but he has been raised.’”*  
(Luke 24:1, 3-6)<sup>1</sup>

### **MEDITATION ON THE MYSTERY:**

Lord, if (spiritually speaking) we want to be among those who have truly risen to new life, give us the grace to know the Sacred Scriptures well, so that we can begin fighting well against all the bad thoughts and all the stubborn devils of this world: with, *it is written...it is written...it is written!* (cf. SLC, pp. 300-400)

### **FROM THE TEACHINGS OF THE CATHOLIC CHURCH:**

- In regards to rising to new life, St. Augustine says: *“when the word [of God] comes, and is poured into the hearers, and they not only hear, but are made obedient, the soul rises from its death to its life.”*

(AUGUSTINE, *Tractates on the Gospel of John*, XIX.12, translated by John Gibb, from *Nicene and Post-Nicene Fathers, First Series, Volume 7*, edited by Philip Schaff, Christian Literature Publishing Company, Buffalo [NY] 1888, revised and edited for New Advent by Kevin Knight, in: *New Advent*, <https://www.newadvent.org/fathers/1701019.htm> [accessed 23 August 2021])

<sup>1</sup> NABRE (USCCB)

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### **FREE AND PERSONAL MEDITATION**

*(for a personal contribution to give to those who listen) :*

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- .....

*Then follows ...*

1 Our Father ...  
5 Hail Mary ...  
1 Glory be to the Father ... (Sung)

- Praised be,,,  
- O my Jesus, forgive us...  
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*