

“The Crowning of Mary Queen of Heaven and Earth, and of the Angels and Saints”...

FROM THE BOOK OF REVELATION:

“A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.” (Rev 12:1)¹

MEDITATION ON THE MYSTERY:

Let us ask Our Lady to help us attain to this incorruptible, glorious, and eternal crown; but first, let us ask Christ to help us accept the crown of thorns as He did – together with the crown that, even on the cross, He already wore upon His brow: *“this is the King!”* (cf. Luke 23:38). (cf. SLC, pp. 44, 489)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to fighting in order to reach glory, St. Ambrose says: *“If there are many persecutions, there are many testings; where there are many crowns of victory, there are many trials of strength.”*

(AMBROSE, in: *Office of Readings*, 20 January)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...